



WHAT DO WE LEARN AT

Forest School?

EYES





SHARING EXPERIENCES

SHARED NATURE EXPLORATION
ACTIVITIES, FOSTERING A SENSE
OF CAMARADERIE AND
DEVELOPING BASIC COOPERATION
SKILLS.



RESILIENCE



PERSISTING AND ADAPTING IN EXPLORATION OF THE NATURAL ENVIRONMENT, OVERCOMING MINOR CHALLENGES OR SETBACKS ENCOUNTERED DURING OUTDOOR ACTIVITIES.





TEAMWORK

BUILDING STRUCTURES TOGETHER
WITH NATURAL MATERIALS THAT
REQUIRE TEAMWORK AND
SHARING.





INDEPENDENT THINKING

A SENSE OF SELF-ASSURANCE AND BELIEF IN THEIR ABILITIES TO ENGAGE WITH NATURE, PROMOTING A POSITIVE ATTITUDE TOWARDS NEW EXPERIENCES AND OVERCOMING INITIAL HESITATIONS



SUPERVISED RISK-TAKING

ENCOURAGING CHILDREN TO ENGAGE IN SUPERVISED, AGE APPROPRIATE RISK-TAKING ACTIVITIES, SUCH AS CLIMBING LOW TREE BRANCHES OR BALANCING ON FALLEN LOGS, UNDER CLOSE SUPERVISION AND GUIDANCE.





COMMUNICATION

FOLLOW SIMPLE VERBAL INSTRUCTIONS AND COMMANDS RELATED TO SAFETY, EXPLORATION, AND ENGAGING IN NATURE ACTIVITIES.

EXPAND THE VOCABULARY RELATED TO THE NATURAL ENVIRONMENT, SUCH AS NAMES OF TREES, PLANTS, ANIMALS, AND NATURAL PHENOMENA.



EMOTIONAL INTELLIGENCE

ENCOURAGING
CHILDREN TO DEVELOP EMPATHY
TOWARDS NATURE, SUCH AS
UNDERSTANDING THE NEEDS OF
PLANTS AND ANIMALS, AND
SHOWING CARE AND CONCERN FOR
THE NATURAL ENVIRONMENT.





EMOTIONAL LITERACY

HELPING CHILDREN RECOGNISE
AND UNDERSTAND THEIR OWN
EMOTIONS AND REACTIONS IN
THE FOREST, FOSTERING A SENSE
OF EMOTIONAL CONNECTION WITH
THE NATURAL WORLD

