

WHAT DO WE LEARN AT Forest School?

EXES







SHARING EXPERIENCES

SHARED NATURE EXPLORATION ACTIVITIES, FOSTERING A SENSE OF CAMARADERIE AND DEVELOPING BASIC COOPERATION SKILLS.



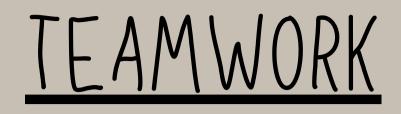


PERSISTING AND ADAPTING IN EXPLORATION OF THE NATURAL ENVIRONMENT, OVERCOMING MINOR CHALLENGES OR SETBACKS ENCOUNTERED DURING OUTDOOR ACTIVITIES.

RESILIENCE

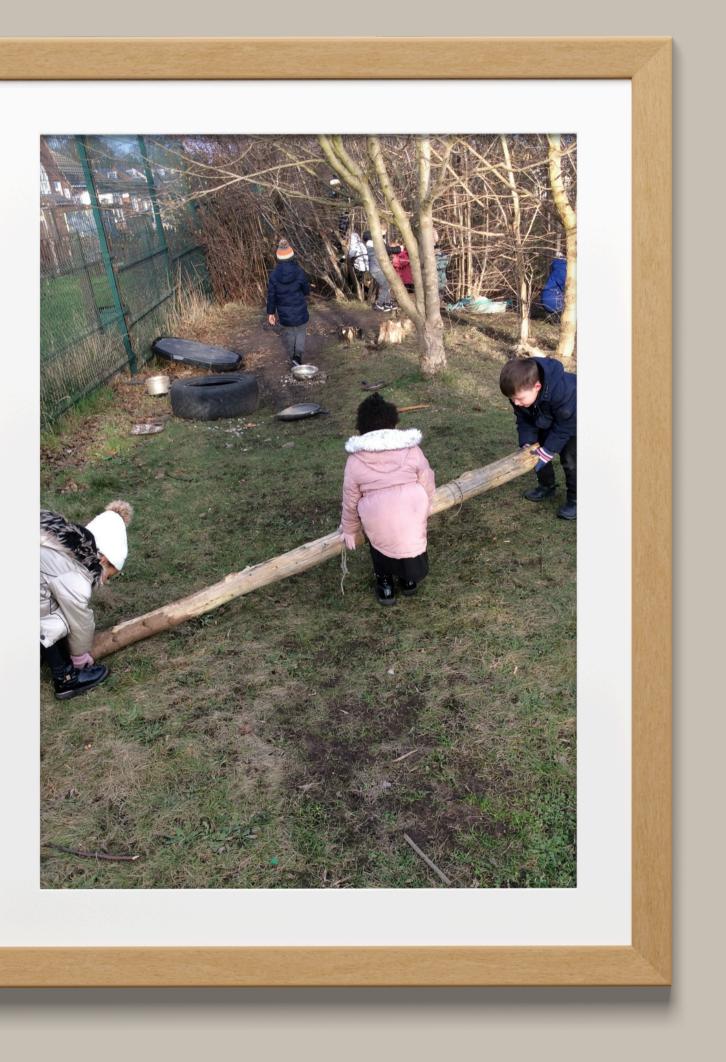


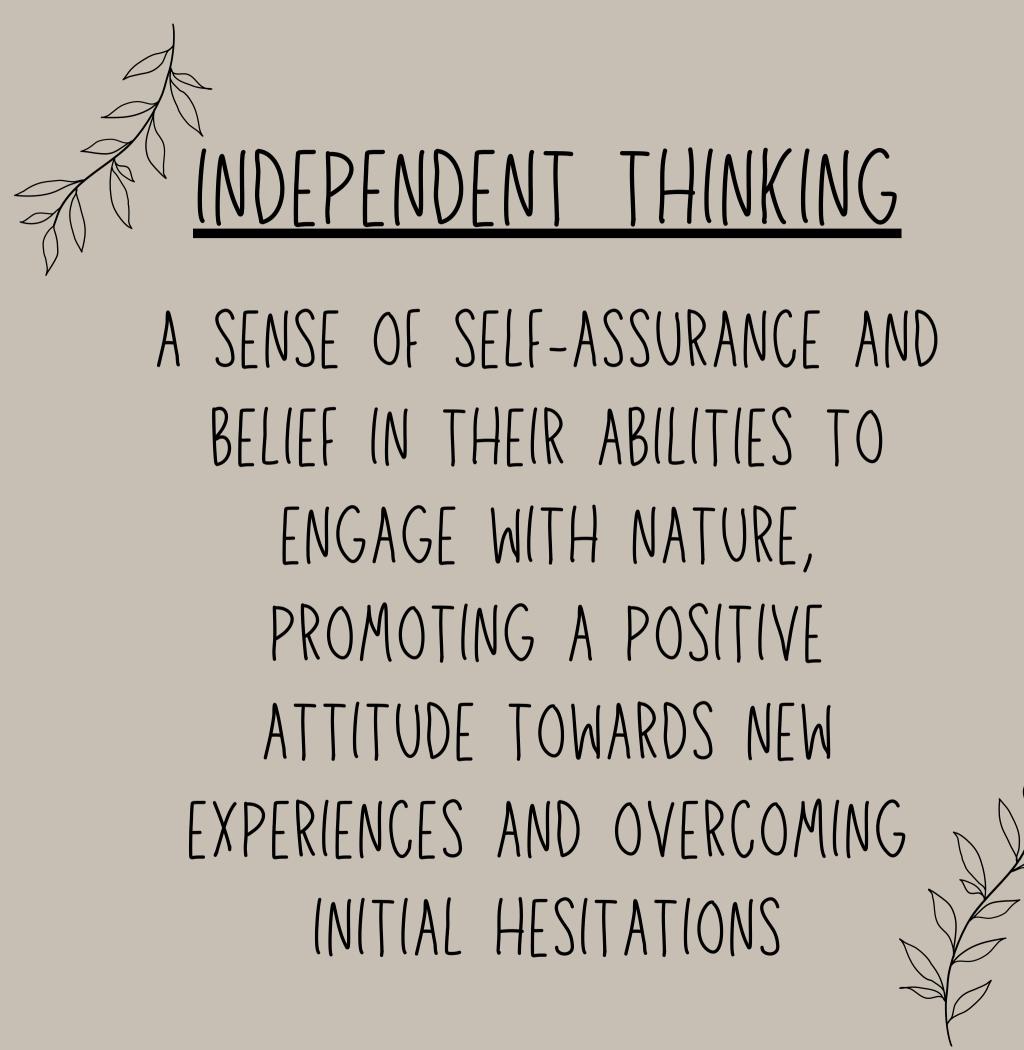




BUILDING STRUCTURES TOGETHER WITH NATURAL MATERIALS THAT REQUIRE TEAMWORK AND SHARING.









SUPERVISED RISK-TAKING

ENCOURAGING CHILDREN TO ENGAGE IN SUPERVISED, AGE APPROPRIATE RISK-TAKING ACTIVITIES, SUCH AS CLIMBING LOW TREE BRANCHES OR BALANCING ON FALLEN LOGS, UNDER CLOSE SUPERVISION AND GUIDANCE.









COMMUNICATION

FOLLOW SIMPLE VERBAL INSTRUCTIONS AND COMMANDS RELATED TO SAFETY, EXPLORATION, AND ENGAGING IN NATURE ACTIVITIES. EXPAND THE VOCABULARY RELATED TO THE NATURAL ENVIRONMENT, SUCH AS NAMES OF TREES, PLANTS, ANIMALS, AND NATURAL PHENOMENA.



EMOTIONAL INTELLIGENCE

ENCOURAGING CHILDREN TO DEVELOP EMPATHY TOWARDS NATURE, SUCH AS UNDERSTANDING THE NEEDS OF PLANTS AND ANIMALS, AND SHOWING CARE AND CONCERN FOR THE NATURAL ENVIRONMENT.









HELPING CHILDREN RECOGNISE AND UNDERSTAND THEIR OWN EMOTIONS AND REACTIONS IN THE FOREST, FOSTERING A SENSE OF EMOTIONAL CONNECTION WITH THE NATURAL WORLD

